



Journey to Success

**Maps & mentors
to guide you
along the way**



Journey to Success is a partnership between New Expectations for Women in Mississippi (NEWMS) and North Mississippi Medical Center's Spirit of Women program. Journey to Success is designed to help women sharpen their skills in these areas and more:

- Interpersonal Relationships
- Work/Life Balance
- Professional Communication
- Budgeting for Success
- Dress for Success
- Goal Setting

Each session begins at 11:30 a.m. and is approximately one hour in length, except for the first and last sessions, which are slightly longer. At the first session for Journey to Success, each participant is paired with a mentor especially selected for her. Participants are required to attend seven sessions during the lunch hour. Participants and their mentors are encouraged to meet on their own at least two other times during the program.

The \$50 fee includes lunch and all program materials. Employers may choose to pay this fee for their employees.

For more information, contact:

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or

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“ I learned so much from Journey to Success. Every one of the classes was interesting and informative. I also gained a new friend in my mentor, someone I can go to for advice and friendship whenever I need to. I would highly recommend it. ”

– Marilyn Breedlove

“ Journey to Success has been very informative and motivating. Thanks. ”

– Paisley “Beth” Davis

“ I’ve always felt I could do anything in life if with hard work and determination. Due to unforeseen hardships in my life I had given up on my goals. This class brought that hope back to me. ”

– Susan Unger

“ It is always encouraging to me to be around other women that are continually striving to improve themselves and their world. ”

– Kathy Brown

“ Phenomenal! I’ll never look at my “circle” or my closet the same! ”

– Bernice Moore

“ All of the sessions were extremely helpful and will be very useful to me in my career. ”

– Patti Clator